KINGAROY STATE HIGH SCHOOL

NEWSLETTER

This Newsletter has been made possible through the generous support of the businesses shown on the back cover and is a co-operative School Community effort.

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Thursday 7 August, 2014

Newsletter No 12
Principal
Deputy Principal – Curriculum
HR & Student Timetabling
Assistants to the Principal
Helen Maudsley (Acting)
Robyn Ferling (Acting)
Lloyd Fairbairn
Pauline Peters (Acting), Eddie Groom (Acting)

EVERY DAY COUNTS - ACTIVE PARTICIPATION EVERY CLASS

STUDENTS

Congratulations to the Year 11 and 12 Kingaroy High Mooting team that contested the Bond University National Mooting final last weekend. After five months of preparation, Jenna Irwin, Sam Gangemi and Zoe Basham, along with coaches, Mrs Pauline Peters and Miss Nerissa Maudsley faced Padua College. With 14 teams from around Australia involved in moots, the students awaited judgement. They narrowly missed the Grand Final but later found out Sam had been judged as one of four outstanding advocates which is an amazing achievement. The students involved in the moot have demonstrated great commitment, academic achievement and team work. Well done!

The four school captains, Simon Fairbairn, Belinda Johnston, Taylor Crossley and Daniel Weldon did a great job to organise another very successful Flair Concert last Thursday night. At the same time thanks are extended to the large number of students who successfully auditioned and then performed at Flair, as well as to those who assisted in any way such as at the door, back stage and on the canteen. We are equally grateful for the assistance of staff, parents and community members who helped to make the night a successful Chaplaincy fundraiser.

ATTENDANCE AT SCHOOL

With a large school such as Kingaroy High, we do not have the capacity to deliver personal messages to students. Therefore, if you ring the school asking for messages to be given to your student/s, we will only be able to do so for emergencies. We’ve also asked students to try to organise things like after-school pick up or appointments or social activities with you prior to arriving at school.

TOOMEY STREET CUL-DE-SAC

At times, we ask that all parents follow the signs in the Toomey Street cul-de-sac so that no one parks, or does pick-up or drop-off in the cul-de-sac. There is considerable danger to all our students and staff in this area due to parents parking in the ‘no parking’ areas and we would like to keep everyone safe. If you avoid using the cul-de-sac at all that would also help to ensure everyone’s safety.

ATTENDANCE AT SCHOOL

We all know that attendance at school is a key factor in success at school and life after school. Therefore, it is important that students attend every day and are also actively involved every day. This involvement includes not only in class but also involvement in extra-curricular activities. It has been refreshing and exciting to see the excellent participation (to the best of their ability) of so many students in the lunch time athletics events. To this end I reiterate that whilst Wednesday 13 August and Friday 15 August are our designated half and full days respectively for athletics, they are very much school days where every student is to attend. Should a student be injured they can still participate by helping officiate at some of the events. By
As of the start of Term 3, 2014, Kingaroy High, along with a large number of schools across Queensland, now falls under an Enrolment Management Plan. Basically the Government has had maps and boundaries drawn up to ensure that students are genuine local residents. The best way for prospective students to know whether they can enrol is to visit the Kingaroy High website then go to Enrolments – Catchment and click on either the link to the maps or the conditions link which provides information about the EMP. Please note that when looking at the maps, you do need to click on relevant year levels first (7-10 or 11-12) as the boundary lines do change slightly. For students who already have a sibling enrolled at Kingaroy High, they are eligible to enrol.

ENROLMENTS

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Year 7 Coordinator, Hanna Newton, along with various other well-being staff and curriculum leaders will be spending time in all local primary schools over the rest of this term. In addition, the transition program for SEU students will commence. Should you have any questions about Junior Secondary, please contact Hanna Newton on hnewt5@eq.edu.au.

COMING EVENTS

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Details</th>
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<tbody>
<tr>
<td>Monday 11 August</td>
<td>Show Holiday</td>
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<tr>
<td>Wednesday 13 August</td>
<td>Athletics (afternoon only)</td>
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<td>Friday 15 August</td>
<td>Athletics Carnival (full day)</td>
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<td>Tuesday 19 August, 2pm</td>
<td>Auxiliary Meeting</td>
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<td>Wednesday 20 August</td>
<td>Year 11 Leadership Day</td>
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<td>Friday 22 August</td>
<td>South Burnett Athletics (Kingaroy)</td>
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<td>Tuesday 9 September</td>
<td>Year 11, 2015 Parent Night</td>
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<td>Tuesday 16 September</td>
<td>Year 9 &amp; Year 10, 2015 Parent Night</td>
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<tr>
<td>Wednesday 17 September</td>
<td>Year 7 and Year 8, 2015 Parent Night</td>
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EVERYDAY COUNTS

Passouts can be issued by the school to students who have permission from their parents/carers for the purpose of attending important appointments. Ideally all appointments should be made outside of school hours. Passouts are not issued to enable students to have lunch out of the school grounds, nor to do shopping. Students need to be at school every day. If they happen to arrive late, they must be approved by either a note or phone call from the parent/carer stating reasons why. Every day counts. Academic results do reflect the commitment to attend all classes, every day. Good learning and good results is our focus.

MOBILE PHONES

The KSHS Prospectus states that mobile phones are banned at school. If a phone is brought to school it should be handed in to Student Services at the start of each day and collected at the end of the day. Mobile phones are a distraction to learning and will be confiscated. After the first offence parents will be notified to come and collect the phone at their convenience. A commitment to learning and an honest character by following school rules is the key to success.

HONESTY

Being honest in all that we say is a virtue strongly expected of students. Your help at home to remind students about this virtue will help to make all students hours at school safe and happy. Unsubstantiated gossip and deliberate spreading of rumours to cause hurt will not be tolerated. Effective learning can’t happen if the student is absorbed and distracted by social and other friendship concerns. Let’s work together as a whole community to insist on practicing honesty and truth when speaking about others.

Pauline Peters & Eddie Groom, ATTP (ACTING)

QCS

This week, on Wednesday (6th Aug), our Yr 12 QCS students sat the last of their full-day practice tests (WT and SR). The scripts will be marked and feedback provided in Week 7, Wed 27th Aug. Not only do these practices help familiarise students to the format of questions, but they also rehearse the correct exam conditions, thereby reducing any potential “stress” in the “real” tests.

The state-wide QCS tests will be held on Tues 2nd and Wed 3rd September (I apologise for the month error made in the previous newsletter). Each morning, from roughly 7.45am, a light breakfast and beverages will be served beside the canteen for QCS students and their “support team”. Therefore parents (and special family members) are cordially invited to join their child for “brekky and a cuppa” – an opportunity to wish them well before they sit the test. There will be a brief prayer service for those who would like to attend, on the Tuesday morning.

If you would like to show support by contributing toward the baking (eg, breakfast muffins, banana bread, etc), please contact me at: jtess2@eq.edu.au.

Jenny Tessmann, ACTING HOD – EXPLICIT TEACHING

ATHLETICS

Lunch time athletic events started on 25 July and will continue over many lunchtimes until the half day of athletics on Wednesday, August 13 and the full day athletics on Friday, August 15. There have already been a number of records broken and the number of participants at events is quite high in most age groups. The lunch events and Wednesday half day events focus on the distance races and the field events while the full Friday program will include the 800m, 400m, 200m and 100m races.

Please encourage your students to get involved with the events that are still to come. You can find the full athletics timetable on the school website and the school lists the daily event schedule on its Facebook page.

Tanya Wakefield, SPORTS COORDINATOR (ACTING)
The Leadership Day is a compulsory event for our Year 11 students. We are fast approaching our final year in the school, and it is important that our students are fully engaged in their studies and ready for the challenges ahead.

GEOGROUP

Geogroup member, Robbie Ryan, with the help of Mr Hill has completed the restoration of a rock tumbler for the group to ensure the machine meets safety standards. The tumbler will be used to tumble and polish some of the many rocks members have collected over the last year. Recently a trip to fossick for fossils resulted in members finding both insect and plant fossils and many good pieces of agate.

Glenda Hoffmann, GEOGROUP COORDINATOR

YEAR 10 NEWS

The Year 10s are off to a flying start in Semester Two, engaged busily in new subjects, events and planning ahead for their futures. All students have commenced a chosen Social Science subject including Introduction to Legal Studies, Geography, Ancient History and Social and Community Studies giving them a taste for Senior.

We’re hoping some Year 10 students took the opportunity to taste test a career at the South Burnett Careers Market held at the TAFE today where 35 exhibitors ranging from the Defence Force, the Darling Downs Health Service, right through to South Burnett Child Care Centre are providing information about the careers and services they offer. There is another fantastic opportunity for Year 10 students on Wednesday 27th August at the USQ Year 10 Careers Day where they can experience what university is all about and get help with choosing senior subjects. Students will participate in a range of interesting and inspiring sessions tailored to their areas of interest.

If your child is interested in attending please remind them to collect a booklet from the Guidance Officer and return completed RSVP form to the Guidance Officer by 18th August.

Matt Langford, YEAR 11 COORDINATOR (mlang72@eq.edu.au)

YEAR 8 SOSE TERM 3

In Term 3 Year 8 classes are studying Geography as part of SOSE. Recently, they have explored different types of landforms, the agents that have created them, as well as interpreting ways of representing them, such as contour maps and cross-sections.

Pictured are some budding geographers completing 3D contour maps using potatoes. This activity helped the students to understand why narrow spacing of contour lines indicated a steeper slope, while wider spaces between the lines suggested a gentler slope.

Ask your child about some of these terms they’ve encountered so far:

Elevation topography geomorphology Aeolian tectonic mass-wasting erosion deposition fluvial transform effusive convergent

Hanna Newton, YEAR 8 SOSE TEACHER

YEAR 9 MECHANICS NEWS

Year 9 Mechanics are the beneficiaries of a very generous donation.

Peter and Diane Jones, parents of Decklin (Yr9) have very kindly donated their Toyota Corolla for the students to work with and gain valuable experience that they would have otherwise missed out on. Sincere thanks Peter and Diane.

Wanted dead or alive. The Mechanics group are always looking for unwanted 4 stroke lawn mowers or any small petrol powered device. I can pick up if needed.

Contact David Hill 41600666 or 0411526093(m)

YEAR 11 NEWS

We are fast approaching our Leadership Day on the 20th of August. Permission letters went out at the beginning of last week and I would really appreciate if they were returned by the end of this week with the $10 payment for morning tea and lunch at the event.

The Leadership Day is a compulsory event for our Year 11 students and is a fantastic day to learn some leadership skills, listen to the stories of some of our community and state leaders and to begin applying for a leadership certificate so they can begin the process of being a leader at Kingaroy State High.

Following our Leadership Day the students will be made aware of when they can start preparing for leadership selection. Over the past few weeks the students have been learning about the positions on offer and what these positions entail. The selection process for all leadership positions will begin in the last week of this term. Speeches and voting will take place at the start of Term 4. I will make sure you are all aware of the timelines for these as they get closer.

But for now it’s time to start preparing.

Matt Langford, YEAR 11 COORDINATOR (mlang72@eq.edu.au)
YEAR 12 FORMAL
Planning for this year’s formal is well and truly underway, with Mikayla Layt, the Welfare Committee Student Chair leading the organisation. The graduation ceremony and the senior formal taking place on Thursday, 20 November at the Kingaroy Town Hall. Tickets for the formal this year will be $50 per person and will include a three-course meal. This year’s formal theme is Glistening Night.

As per the past years, students need to be aware of the following to be able to attend the formal:
• Students must have a school attendance rate of 93%;
• Students must not have any outstanding school fees / debts;
• All students have a Maths Exam the morning of the formal, so it is advised that no appointments are booked before 11am;
• Students are only able to invite 2 guests (their parents) for the formal dinner. Exceptions to this rule e.g. for parents with stepparents will be made on a case to case basis by the Principal. More information will be distributed to students and parents in due course. Boy/girl friends from outside Kingaroy High’s Year 12 cohort are not invited.

Megan Tucker, WELFARE COMMITTEE COORDINATOR

VIVO
The VIVO store allows students to spend their collected VIVOS on various items including charity donations. This term, students are able to donate their VIVOS to student teams who are participating in Relay for Life in October. The 3 teams participating in VIVO collection are the Blister Sister’s, Cirque du relay and The 12 Apostles. All of the VIVOS that these groups collect will be transferred to dollars, with all funds going towards the teams fundraising. Remind students that these donations can be made online, through the VIVO store.

Encourage your student to log onto www.vivomiles.com.au at home where you can see their positive feedback from teachers!

FROM THE G.O. - DATES TO REMEMBER
Upcoming Uni Open Days for Year 12:
9 August
• JMC Academy
• Central Qld University – Noosa
16 August
• New York Film Academy – Aust
• Central Qld University - Mackay
17 August
• University of Qld – Gatton
• University of Sunshine Coast – Gympie
• University of Southern Qld – Toowoomba
• Qld University of Technology - Caboolture

10 August
• University of sunshine Coast – Sippy Downs
• Central Qld University – Bundaberg
• Griffith University – all campuses

PLEASE NOTE: USQ is providing a free return bus leaving Kingaroy 7:30 am. Further information and to book a seat – usq.esu.au/openday

USQ Year 10 Careers Day Wednesday 27th August. If you are interested in attending please collect a booklet from the Guidance Officer. RSVP form needs to be returned to the Guidance Officer by 18 August. You need to provide your own transport to get there.

RSL Youth Development Program – Grants available for year 10 and 11 high achieving students in academics, sporting, Community Leadership or Civic Participation. Closing date 11 November. More information www.RSLyouth.com.au

Mandy Camfferman, GUIDANCE OFFICER

SPOTLIGHT ON DIABETES
During July Australia celebrated National Diabetes Week. This provided a good opportunity to think about the effects of diabetes on children, adolescents, and others in the school community, and to raise awareness of diabetes risk factors.

Type 2 diabetes was, until recently, seen only in adults but is now increasingly seen in children and adolescents. Type 2 diabetes occurs when the body either doesn’t produce enough insulin or the insulin produced doesn’t work well (called insulin resistance). It differs from Type 1 diabetes in that it is largely preventable. Type 2 diabetes is also related to other health problems such as high blood pressure and high levels of blood fats like cholesterol.

Risk factors for Type 2 Diabetes include:
• Genetics – a family history of type 2 diabetes increases the risk to young people
• Weight – too much weight, especially around the waist, is likely to increase insulin resistance
• Ethnicity – people from Indigenous, Pacific Islander or Asian cultural backgrounds are at higher risk
• Physical activity levels – being inactive can cause insulin resistance, increasing the risk of Type 2 diabetes

Type 2 Diabetes symptoms:
A young person with type 2 diabetes may have no symptoms.
Symptoms may be mild but include:
• Being very thirsty
• Passing lots of urine
• Feeling tired
• Blurred vision

Preventing Type 2 Diabetes
The risk of type 2 diabetes in young people can be reduced with lifestyle changes that encourage healthy eating, avoiding soft drinks with excess sugar, regular physical activity and achieving a healthy weight. If you have any questions or concerns about diabetes, please speak with your doctor or school health nurse.

Kylie Andersen, Clinical Nurse – Diabetes, Kingaroy Community Health

Adapted from Diabetes Australia Fact Sheet: ‘Talking Diabetes No. 40: Type 2 diabetes in children & adolescents.’


Annette Montebello, SCHOOL BASED HEALTH NURSE

INTRUST SUPER CUP
NRL Stars of the Future
Sunday Football 2pm
Sunday 10 August – Kingaroy
Wynnum Manly vs Tweed Heads Seagulls
2 Local A Grade Games
Gates Open 10:30am
Curtain Raiser at 11:45am
Children Under 15 Free / Adults $10
CANTEEN ROSTER

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<td>MON</td>
<td>11/08/14</td>
<td>SHOW HOLIDAY</td>
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<tr>
<td>TUES</td>
<td>12/08/14</td>
<td>Dianne Leonard</td>
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<tr>
<td>WED</td>
<td>13/08/14</td>
<td>Vicki Rossi</td>
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<td>THUR</td>
<td>14/08/14</td>
<td>Linda Sonter</td>
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<tr>
<td>FRI</td>
<td>15/08/14</td>
<td>Gaylene Schultz</td>
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Interhouse Sports are on this Friday, 15 August. If anyone can help at the Canteen on the oval, please ring Lorraine – see numbers below.

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<tr>
<th>DAY</th>
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<th>NAME</th>
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<tbody>
<tr>
<td>MON</td>
<td>18/08/14</td>
<td>Lynelle Cross / Mandy Blair</td>
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<tr>
<td>TUES</td>
<td>19/08/14</td>
<td>Sarah Shadforth / Christine Teakle</td>
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<td>WED</td>
<td>20/08/14</td>
<td>Lyn Walters</td>
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<tr>
<td>THUR</td>
<td>21/08/14</td>
<td>Joni Mullins</td>
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<tr>
<td>FRI</td>
<td>22/08/14</td>
<td>Barbara Bell</td>
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Interschool Sports are on this Friday, 22 August. If you can help either in Canteen or at the oval Canteen please call Lorraine. We are really desperate for helpers.

COMMUNITY ANNOUNCEMENTS

- **FOR SALE:** FOR SALE: Second Hand Hospitality Shirt (Black with Red Collar; B&W Checks around collar and sleeves); Size Small LWR Brand. If interested please see Mrs Walker in Student Services.

- **FOR SALE:** ‘SENIOR’ Polos - $20 each, as new, worn a few times only; Blue V Neck Pullover, worn once, $25; 2 pair blue Tuesday sock $5. Phone: 0402 122 926

- **FOR SALE:** 1x XXL spray jacket - very good condition $20.00 ; 1x XL spray jacket - worn once - new condition $50.00 Phone Karen 0407 143 603

- **UNIFORMS:** Spray Jacket Size S $20; Formal Skirt Size 14 $20; Formal Shirt Size 10 $10; 2 Senior Polo Shirt Size 10 & 12 $10 each; Formal Socks (new) $5; Hat (worn once) $5. All good condition Ph. 0438628246

- **UNIFORMS:** 5 Size M Snr School polo shirts Good Condition $15 each; Call Kathy on 0438153860

- **FOR SALE Size 16 School Blazer (has old logo) - suit show team or student leader.** Very Good Condition. Price $50. Call 0427685797

- **UNIFORMS FOR SALE:** Three Size 22 Junior Shirts; One Size 18 Sweat Shirt – hardly worn. Call 0427816524

- **UNIFORMS FOR SALE:** Blazer Size 12 82cm $99 (Blazer bought new); Long Skirt Size 16 $25 (Skirt bought new); Spray Jacket (Small) $40; Spray Jacket (Medium) $40; Formal Shirt Girls Size 10 $15. All in good condition. Contact: 0409275375.

- **FOR SALE:** Band Uniforms 1 x Size 22 Slammers Blue Long Sleeve Shirt; 1 x 39cm Lowes Long Sleeve white shirt; 2 x 39cm Lowes Long Sleeve Black Shirt; 1 x Size 22 or 117cm KSHS Concert Band/Formal Jacket; 1 x Size 18 or 102cm KSHS Concert Band/Formal Jacket; 1 x KSHS Tie. All in excellent condition, jackets have been dry-cleaned. Shirts $10 each; Jackets $120 each; Tie $5. Contact 41642380.

- **FOR SALE – Hospitality Shirt Size S (never been worn).** $25. Contact Kathy 0427691425

- **UNIFORMS FOR SALE:** Berelle Long Band Formal Skirt Size 14 $20; 1 x Wide Bay Athletics Singlet Size 10 $10. Email Wendy Krosch on kmpools@hotmail.com or phone 41622749 / 0428622740

- **UNIFORMS FOR SALE:** 1 Spray jacket $25; 2 x Size 16 short skirts $10 each Phone Korina on 41636107 / 0459894859

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MR B’S PROFESSIONAL TENNIS

Still has spaces remaining.

**Kingaroy Town Courts**
Tuesday till Friday from 3:15pm till late.
Lessons have just begun on Thursday afternoon.

**Nanango Town Courts**
Monday afternoon – Ages 4+

**Offering a range of programs such as group lessons, private lessons and cardio tennis.**

If interested please call Mr B (Brad) on 0409895527 or find us on facebook.

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**SWIMMING** - Sign On for Squads
Thursday 7 August 3:30pm
Kingaroy Pool
All Welcome!

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**ENVIRONMENTAL FACT**

A study revealed that food items with ingredients sourced from overseas have seen more of the world than most people have. In fact, the report estimates that the total distance travelled by 29 of our most common food items is 70,803kms. That’s nearly two times the distance around the earth! Buy locally produced products and avoid unseasonal fruit and vegetables to reduce the environmental impact made by this.

Amie and the Environment Committee
On Friday 1st August we welcomed 20 students and 2 staff, Mr Tonegawa and Miss Soyama to our school.

Although a little jaded from the long travel, the students found time to enjoy the Social on Friday night, followed by a day trip to the Sunshine Coast on Saturday.

A Welcome Assembly was held on Monday morning where our visitors were warmly greeted by the entire school.

This will be a very exciting week for the Fudooka staff and students with many activities to fill in their time.

As a school we greatly appreciate the support of our host families, those teachers hosting, and Mr Cush for his support through the delivery of his language lessons.

I’m sure our visitors will take home many fond memories.

Lloyd Fairbairn, Acting Deputy Principal