STUDENTS
Welcome to the 28 students and two teachers from our Sister School, Fudoo Hak High School in Saitama, Japan. The students are accompanied by English Teacher, Mr Hiroyuki Matsumoto and Mr Shinabu Sakura and will be here on this language and culture exchange until Monday 5 August. All students, staff and parents are encouraged to become involved in these exchanges.

The Creative Generation group from our school did an outstanding job in their performances in Brisbane recently. The 36 students and 4 staff, led by Mrs Susan Dowideit Reiger, put in an enormous effort and received excellent positive feedback. Thanks to Mrs Dowideit Reiger, Mr Reiger, Mrs Wright, Ms Lane and all the parents who supported this, and well done students on a great effort.

Best wishes to Year 12 student, Holly, who will be away for the next 4 weeks representing Australia in Cricket. She will be on the Ashes Tour of England, and the school is very proud of Holly as she represents at the highest level of her sport. Good luck Holly.

STAFFING
Welcome back to Mr Eddie Groom who has been on 3 weeks of long service leave.

Mrs Robyn Ferling, our Sportmaster, will be on some long service leave for three weeks starting on Monday 12 August. In her absence, Sport will be coordinated by Mr Steve Corstiaans.

At the recent P & C Meeting, the parents considered the motion on School Chaplaincy, and unanimously endorsed the continuation of our Chaplaincy service as it currently exists. This is a valuable service that supports our students in a huge range of ways.

FACILITIES
Official Opening of Performing Arts Teaching Block Tuesday 6 August 2013, 1:30pm

Parents with an interest in our Performing Arts Program are invited to attend this Official Opening next Tuesday afternoon. The Performing Arts Teaching Block consists of state of the art rooms for Drama, Dance and Instrumental Music, and will be opened by Mrs Lesley Case, the widow of our first Instrumental Music Instructor, the unforgettable Mr Laurie Case. This is a very special occasion for our school which continues on its journey to provide the best possible facilities for our students, staff and the community to use.

RSVP by Monday 5 August please.

A Working Bee will be held this Saturday 5 August from 7:30am to 11:00am. We will be tidying and gardening to have the school looking great for the Official Opening of the Performing Arts next Tuesday.

CURRICULUM
Parents are invited to participate in another Parent Forum, this time on Mathematics, and helping your child master Mathematics. It will be held in the Assembly Hall on Thursday 8 August at 7:00pm. All parents are welcome to come along and interact with the Mathematics teachers of the school.

COMING EVENTS
Thursday 1 August, 7:00pm  •  Student Council Flair Concert at Town Hall
Friday 2 August, 6:00pm  •  Farewell Party for Fudooaka Students
Saturday 3 August, 7:00am – 11:00am  •  School Working Bee
Monday 5 August, 7:45pm  •  Fudooaka visitors depart
Tuesday 6 August, 1:30pm  •  Official Opening of Performing Arts Teaching Block
Wednesday 7 August  •  Half day of Athletics
Thursday 8 August, 7:00pm  •  Mathematics Night for Parents
Friday 9 August,  •  Interhouse Athletics
Tuesday 13 August  •  Working Monday’s Timetable

HOW CAN PARENTS HELP THEIR STUDENTS WITH MATHS HOMEWORK?

On Thursday 8th August, we are conducting our next parent information evening. The topic is one that is often asked by parents so we hope to shed some light on it. Information will target all year levels, with some of the areas for discussion being tips, expectations, tutoring, revising and study. The night will commence at 7pm in the Assembly Hall. All parents / caregivers are invited.

VIETNAM VETERAN’S DAY COMMEMORATIVE SERVICE
Memorial Park Kingaroy
Sunday 18 August 2013

Guest Speaker Mr Keith Payne VC OAM
Interesting activity from 10am (when veterans gather and prepare to march) until 11:10am, when service will conclude.
2013 SUBJECT SELECTIONS

It may seem like we have just reached the half-way point of 2013 but already we have started to move towards subject offerings and selections for next year. There are several parent information nights coming up this term for the various year levels (Tues 20 Aug Year 7 into 8, Wed 28 Aug Year 10 into 11 night, Tues 10 Sept Year 8 into 9 and Year 9 into 10 combined). Last week, HODs started visiting classes to talk about what subjects are on offer in Year 11 next year, and this will continue over the coming weeks in other year levels. Year 10 students will also be asked to indicate electronically what their first 6 preferences for subjects might be prior to the lines where it is decided where subjects are offered, being determined.

It is critical that students in each of the year levels, 8, 9 & 10, start talking to parents, HODs, class teachers, Admin & Guidance Officers about subjects that they may be contemplating studying, or subjects about which they know very little. Equally important is the need to read any handbooks and other information that will be handed out over coming weeks.

Year 8 students moving into Year 9 will be asked to make a plan of at least four subjects (other than LOTE subjects) that they would like to study over Year 9 & 10 so that we can try to get as many students into their preferred options as possible. This will mean that a student may study one elective subject in two semesters, but must then study three other elective subjects over that time. Given that just after the mid-point of Year 10 all students are required to select four electives plus an English and a maths subject, this will provide the best opportunity to get exposure to a wide variety of subjects to make wise decisions about their senior course of study that leads into work or post-school studies. More detailed information will be available at the parent information nights as will further explanations and examples.

The two key considerations are that subjects in Year 9 & 10 are ‘tasters’ which should give a student an idea about the content, skill & assessment demands of the subject. It is also critical that discussions take place with students in each of the forums mentioned above, from now on, so that considered decisions can be made.

Helen Maudsley, Deputy Principal

QCS PREPARATION

The QCS preparation continues! In Week 3 (Wed 24th July), QCS students completed a practice Multiple-Choice Test. This will be marked externally with individualised reports generated. Students will receive these reports in the next couple of weeks for reflection.

In Week 6, on WEDNESDAY 14th Aug. QCS students sit their final FULL-DAY QCS PRACTICE. This is another opportunity for students to implement strategies/tips/knowledge consolidated in the practice sessions, including that given by Mr Newton, a WT marker. It is important that all QCS students attend and actively participate.

The proposed schedule on the day is:

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<tr>
<th>TIME</th>
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<tbody>
<tr>
<td>8:50am</td>
<td>Enter hall Instructions for WT / Perusal (10 mins) /complete WT (2hrs)</td>
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<tr>
<td>9:00-11:20am</td>
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<tr>
<td>11:30am – 12:20pm</td>
<td>Lunch</td>
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<tr>
<td>12:30 – 2:50pm</td>
<td>*Intro / perusal (10 mins) / complete SR (2hrs)</td>
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<tr>
<td>2:50pm+</td>
<td>Pack away tables etc</td>
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• Usually SR is done in the second morning session

Equipment to bring BOTH sessions: Black pens; 2B pencils; eraser; sharpener; correcting fluid/tape; highlighters; ruler; transparent container (eg, slip-seal bag). ADDITIONAL equipment for the afternoon session (SR): protractor; drawing compass; coloured pencils; approved calculator.

The tests will be marked and feedback provided in Wk 8 (Wed 28th Sept), the week prior to the “real” QCS tests on Tuesday and Wednesday, 3rd and 4th September.

NOTE: On both mornings of the “real” QCS test, the school provides QCS students with a light breakfast (toast, juice etc) from about 8:20am. If you, or a member of your family, would like to help, by way of setting-up/serving the food and/or providing muffins (or other baking?) for the students, please email me at: jtess2@eq.edu.au specifying the way that you could help. Thank you!

Jenny Tessmann, Acting HOD Curriculum – Explicit Teaching

GYMPIE CARCASS CLASSIC

Agriculture students once again participated in the Gympie Carcass Classic. The aim of the Classic is to educate both current and future beef producers in changing consumer trends, meeting target market specifications and the industry trend towards grain finishing beef. Five students participated in two live cattle judging days, the first on Tuesday 23rd April during the feedlot induction day and the second on Friday 12th July, when they also heard a lecture from Terry Nolan about cattle selection. The carcass judging day at Nolan’s Meats (Gympie) was held on Friday 19th July and was well attended by schools in the Wide Bay area. Louis, Brooke, Corey, Nathan, Reece, Chelsea and Amy represented KSHS.

Corey placed third in the Junior (under 18 years) Live Cattle Assessor competition, while Brooke placed first in the judging of Retail cuts and won the overall Champion Beef Carcass Judging award. Kingaroy SHS students won the team Beef Primal Cuts class and were also awarded the Champion School in the Interschool Competition for cattle in the competition. This category was sponsored by the Queensland Country Life and our school won $1000 prize money.

Amanda Lane, Agriculture Coordinator

2013 STATE CROSS COUNTRY

The Queensland State Secondary School’s Cross Country Championships were held this year on Sunday 21st and Monday 22nd July at Kendell’s Flats in Bundaberg. Seven students from our school competed as part of the Wide Bay team and they performed very well against State and Nationally ranked runners from all over Queensland.

Our best results were by Jackie who finished in 9th place out of 22 competitors in the 18-19 years girls division and Katinka who finished in 15th place out of 54 competitors in the 15 years girls. Simon placed 36th, Ashley 38th, Georgia 39th, Hayley 45th and Belinda 49th in their individual events.

All students backed up well in the relay events with Jackie’s team picking up a Silver medal. Katinka and Simon were the fastest Wide Bay competitors in their respective relays with Katinka and Georgia’s team placing 8th and Simon’s 11th. Ashley’s team placed 6th and Hayley and Belinda’s team placed 12th. The Wide Bay team placed 7th in the Championships and six Wide Bay athletes were selected in the State Cross Country team, although none from our school.

It is an outstanding achievement just to reach this level of competition and all students are to be commended on their participation, enthusiasm and sportsmanship, both in individual and relay events at these Championships.

Steve Corstiaans, Cross Country Team Manager
INTERHOUSE ATHLETICS

Athletic events are in progress with distance and field events being held at lunchtimes. This is done to ensure all events are completed on the conclusion of our athletics program on the 9 August. Key dates to note are the half day of athletics to be held Wednesday 7 August and our main track day to be held 9 August. All students are encouraged to be part of this program as all participants will gain a point for their house. Please encourage your children to view their lunchtime programmed events on the window of the Sports Hall so they know when their field events will be held. Details can also be found on the Kingaroy State High School Facebook page.

Robyn Ferling, SPORTSMASTER

SUNSHINE COAST ALL SCHOOLS TOUCH CARNIVAL

Two teams representing Kingaroy State High School travelled to Glasshouse Mountains to compete in the Sunshine Coast All Schools Touch Carnival. The two teams competed in the Open Mixed Division and the 15 Boys Division. This was a successful day with both teams making the semi-finals in a carnival with many strong schools. Congratulations to the players for their wonderful behaviour on the day and their great sportsmanship.

Robyn Ferling, SPORTSMASTER

AUSTRALIAN HISTORY COMPETITION

In May this year 17 students participated in the Australian History Competition which is based on the new Australian Curriculum introduced this year. The results have just been received and 6 students have been awarded Merit certificates: Adam, Brandon, Christopher, Jakoeb, Olivia and Tahnia. Congratulations to these students and to the other 11 who gave it a go.

Donald Mengel, HOD SOCIAL SCIENCE

LIBRARY NEWS

August is the month CBCA Book of the Year awards are announced and the Book Week theme this year is “Read across the universe”. Shortlisted and notable titles for 2013 are available for loan now. The library is an important part of our school and students are encouraged to take advantage of the resources and help staff can provide, whether it be for personal reading for enjoyment or researching for an assignment. It’s also a great place to do quiet study for exams or homework. It is encouraging to see the library being used for a whole range of activities by students, staff and community members.

Thank you to all those families and students who do the right thing and return their textbooks and other resources on time. Overdue notices are distributed to form classes every week and letters are sent to families when necessary. I appreciate those families who have responded in a timely manner to overdue notices that were sent out at the end of Semester 1. If you received such a letter and are having an issue returning resources please contact library staff.

Judy Konomas, LIBRARIAN

FROM THE CHAPLAIN

Operation Christmas Child: We are running Operation Christmas Child at our school again this year. Each form class has been given a shoe box to fill with something to wear, something to love, something special, some things for school, something to play with and something for personal hygiene. Students may fill boxes individually as well if they wish. The boxes will go to children in need for Christmas.

Do your little bit of good where you are; it’s those little bits of good put together that overwhelm the world. Desmond Tutu

Ruth Wright, CHAPLAIN 41600686

10 FOODS YOU THINK ARE HEALTHY – BUT ARE NOT!

1. Vitamin water: Some varieties contain as much sugar as a medium sized coke at McDonalds.
2. Fruit juice: It takes 4 oranges to make 250mL of orange juice, and contains double the amount of sugar and kilojoules than 250mL of soft drink. Eat the fruit whole!
3. Dried fruit: Very easy to eat too much and contains a high sugar content.
4. Frozen diet meals: Highly processed and often high in salt.
5. Muesli Bars: Often packed full of sugar and fat. Look for brands with the heart foundation tick.
7. Frozen yoghurt: Often high in sugar with a similar amount of kilojoules to ice-cream.
8. Toasted Muesli: Has added fat and sugar. Opt for natural or swiss varieties.
9. Peanut Butter: Most brands have added salt and sugar. Look for “100% peanuts”.
10. “Fat free” sweets: Advertised as fat free but are very high in sugar. If you do not burn off the sugar during exercise it will be stored in your body as fat.

The healthiest foods are those eaten in their most natural form. Always check the ingredients list for added sugar, salt, oils and preservatives. If in doubt, make your own.

Annette Montebello, SCHOOL BASED YOUTH HEALTH NURSE

CANTEEN ROSTER

<table>
<thead>
<tr>
<th>Mon</th>
<th>5/08/13</th>
<th>Lyn Walters</th>
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<tbody>
<tr>
<td>Tues</td>
<td>6/08/13</td>
<td>Jeanene Maher</td>
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<tr>
<td>Wed</td>
<td>7/08/13</td>
<td>Mandy Blair / Sharon Frohloff</td>
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<tr>
<td>Thur</td>
<td>8/08/13</td>
<td>Debbie Bunker</td>
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<td>Fri</td>
<td>9/08/13</td>
<td>Need help on this day for Interhouse Sports</td>
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<tr>
<td>Mon</td>
<td>12/08/13</td>
<td>SHOW HOLIDAY</td>
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<tr>
<td>Tues</td>
<td>13/08/13</td>
<td>Dianne Leonard</td>
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<tr>
<td>Wed</td>
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<td>Vicki Rossi / Jo Weldon</td>
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<tr>
<td>Thur</td>
<td>15/08/13</td>
<td>Janet Schleger</td>
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<tr>
<td>Fri</td>
<td>16/08/13</td>
<td>Julie Boyle / Helen Greenslade</td>
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</tbody>
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If you are unable to work on your day, please try and swap with someone and let Lorraine know. If you can’t swap ring Lorraine on 41600676 or a/h 41622264.

COMMUNITY ANNOUNCEMENTS

• FOR SALE: Student Tenor Saxophone “Armstrong” brand $600. Phone: 0402 383 039
• FOR SALE: 2 Shitzu Maltese Female Puppies tan/offwhite and caramel/white. $300 each. Ph: 0434300025
• FOR SALE: Purple and beaded formal dress, Size 18-20. Only worn once, 1 year old. Good condition, $100 ono. Pink and beaded formal dress, Size 14-16, only worn once, 1 year old, good condition $100 ono. Light purple strapless formal dress, only worn once, 1 year old, good condition, $100 ono. Contact Paige 0432508026.
• ORANA HILTOP MARKETS: Saturday 14 September at Orana Lutheran Complex, 24 MacDiarmid St, Kingaroy. 7am to 12pm. Giftware, Clothing, Décor, Handmade Accessories, Gardening, Entertainment, local produce, amusement and activities for the whole family.
• GARAGE SALE: 24 August 8:00am Raising money for Thailand Orphanage (Group going in September). Car wash, sausage sizzle, bric-a-brac, toys, clothes, plants and much more. Murgon AOG Church Bunya Highway, Murgon.
• Mr “B’s” Professional Tennis is looking for more students. Classes are available every week day from 3.15pm til late. Based at the Kingaroy Tennis Courts. For more details check out our Facebook page. www.facebook.com/mrbsprofessionaltennis or call Brad Boynton on 0409 895 527.