KINGAROY STATE HIGH SCHOOL
NEWSLETTER

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Newsletter No 14
Principal
David Ballin

Deputy Principal
Helen Maudsley

Assistants to the Principal
Pauline Peters (Acting), Scott Dempster

THURSDAY 29 AUGUST, 2013

EVERY DAY COUNTS

STUDENTS

Congratulations to the following students who are achieving great things in Science and Art.

Year 11 student, Soul has been selected to attend the National Youth Science Forum in January 2014. Soul’s nomination was supported by the Rotary Club of Kingaroy and he will be studying at the Australian National University in Canberra at the Science Forum. Well done Soul and best wishes for that experience.

Year 12 student, Emma, whose Art work has been selected from our region to be exhibited at the Gallery of Modern Art in Brisbane later this year. Her work, ‘Personal Perceptions’, will be published on posters sent to schools and Emma will participate in a workshop entitled “In Transit – Our Changing Place”. This is a great achievement by Emma. Well done, and congratulations on achieving this honour.

STAFFING

Welcome to Mrs Vicki Buttrose who is replacing Mrs Wendy Corstiaans for the next four weeks.

Mrs Tracey Fleischfresser will be Acting Business Services Manager while Mrs Wendy McCallum is on long service leave for the next four weeks.

CURRICULUM

Our Year 12 students will undertake the Queensland Core Skills Test next Tuesday 3 and Wednesday 4 September in the Assembly Hall. Our Chief Community Representatives are Mr Tom Leahy and Mrs Robyn Kavney. We wish the students well for this important test.

Subject Selection is under way with the Year 10 to 11 Night held this week and the evening for students moving into Years 9 and 10 to be held on Wednesday 11 September in the Assembly Hall. Please contact Ms Helen Maudsley for details of Subject selections.

CO-CURRICULAR ACTIVITIES

Preparations are going well for the New Zealand Tour from Saturday 21 September to Tuesday 1 October. There are 34 students participating and the final Parent Night for this tour is on Thursday 12 September at 6:00pm in the School Library.

SPEECH NIGHT 2013

Speech Night this year is on Thursday 17 October in the Town Hall. Our Special guest this year is world renowned author Mr Thomas Keneally. I invite all parents to attend.

COMING EVENTS

<table>
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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>Friday 30 August</td>
<td>South Burnett Athletics at Kingaroy</td>
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<tr>
<td>Tuesday 3 and Wed 4 Sept</td>
<td>Yr 12 QCS Test</td>
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<td>Wednesday 4 Sept, 6:00pm</td>
<td>Indigenous Family BBQ and meeting at the school</td>
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<td>Thursday 5 September, 7:00pm</td>
<td>Year 8 Maths Team Challenge</td>
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<td>Sunday 8 September</td>
<td>Wide Bay All Schools Touch at Murgon SHS</td>
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<tr>
<td>Wednesday 11 September, 7:00pm</td>
<td>Year 8 to 9 and Year 9 to 10 Parent Night</td>
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<tr>
<td>Thursday 12 September, 6:00pm</td>
<td>New Zealand Tour Meeting for Parents</td>
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YEAR 10 INTO 11 FOR 2014

Students in Year 10 last week were asked to select from an open smorgasbord the subjects that they would most like to study in Year 11. This was only done after extensive reading of the Subject Selection Handbook that was distributed previously. Thank you to those students who entered their selections on OneSchool (on laptops) as it will help us to work out which subjects to put against each other on the lines from which students will eventually select their six Year 11 subjects.

At this week’s Parent Information Night, the processes that are in place to help students make wise and appropriate subject choices were discussed. Students need to continue to read & ask questions so that when the subject selections open up on OneSchool in Week 10 they are ready to make good decisions. Please keep in mind that you need to have about 8 subjects in mind because some of the preferred subjects may be against each other on the final six lines. We try to meet the needs of everyone but it is not always possible to get a perfect fit.

For parents who were not able to attend the Information Night, a handout with timelines, contact details and other relevant information can be collected from the Front Office.

David Ballin, Principal
Helen Maudsley, Deputy Principal
**YEAR 7 INTO 8 FOR 2014**

It was great to see so many Year 7 students and families attend Monday night's Parent & Student Information Night. A lot of information was given about processes, procedures, curriculum, daily happenings in high school and much, much more. This night is one part of the transition period for the Year 7 students before they become Year 8 students in 2014. If you have questions about Year 8 please contact one of the Year 8 co-ordinators (Mr Cush/Miss Gardiner), Assistants to the Principal (Mr Dempster/Mrs Peters) or follow our Facebook or Web page.

Helen Maudsley, Deputy Principal

**RESILIENCE**

Michael Grose, a well-known parenting educator says we should help kids to stretch and grow. Teaching resilience helps them to cope when they meet some of life's curve balls. In your role as a parent/guardian are you giving your child the opportunity to develop his or her own resourcefulness? We as educators, need to make their problem their problem and allow them to overcome challenges which will help them to grow and improve. Resilience means not doing routinely for kids what they can do for themselves. As a school we will help them to grow and improve. Resilience means not doing what life may 'throw at them'.

Pauline Peters, Acting Assistant To The Principal

**KSHS SCHOOL COUNCIL**

The School Council is an important committee with representation from the student body, parents and staff. Meetings are held once a term on a Tuesday afternoon. Under the constitution it is a requirement that an election for new members be held annually. Would you be interested in becoming a member of this Council? If so please collect a nomination form from the school office. Thank you to Bill Johnston, Angela Griffiths and Belinda Gangemi for their contribution to the KSHS School Council.

Pauline Peters, Acting Assistant To The Principal

**QCS PREPARATION**

This week, on **Wed 28th August**, the QCS students had their **final QCS preparation session**. During this session, students received their practice WTs and SR scripts; written, individualised report on MC practice and feedback from the QCS teachers. The actual QCS tests occur **Tuesday and Wednesday, 3rd and 4th Sept.** Year 12 students NOT sitting the QCS test are not required to attend school but instead could engage in meaningful study at home. **QCS students, in the days before the test, are advised** to spend a few hours reviewing basic arithmetical operations, sample items, solutions and explanations.

On the day or evening **before the test students are advised** to check their equipment (a QSA sheet “Instructions for Students” to confirm details was issued last week); double-check the starting time and organise their transport. After that, **RELAX!!** Focus on the task ahead. ABOVE ALL, GET A GOOD NIGHT’S SLEEP!

On both mornings there is a “light” breakfast available from 8am.

**QCS PARENTS/CAREGIVERS/SIGNIFICANT ADULTS**

You are cordially invited to come along and have “brekky” and a “cuppa” with your child/ward on **Tuesday and/or Wednesday morning (3 and 4 September)**. The light breakfast will be available from 8am until 8:45am beside the canteen, on both mornings. In addition, on Tuesday morning (ONLY), you are invited to join in a brief “prayer of support” in E7 (beside the canteen) at 8:15am.

Jenny Tessemann, Acting HOD - Curriculum-Explicit Teaching

**SUPREME COURT EXCURSION**

Eighteen members of the Year 12 Legal Studies classes visited the new Supreme Court building in George Street, Brisbane last Thursday and Friday, 22nd and 23rd of August. Although the Legal Studies classes are always able to see quite good cases that help them in writing their evaluation of Queensland’s legal system, this year there was a dazzling variety available.

Students saw a murder case presided over by Chief Justice de Jersey, which included the empanelling of a jury, the Prosecution's opening address, and witnesses being cross-examined. It was also possible to see another murder case where the defendant was also charged with interfering with a corpse (moving the body), while all students saw a sex crime trial where the co-defendants were women. The Year 12s were particularly impressed with the defence counsel in this case, who was extremely thorough in his cross-examination of the arresting police officer. This trial also saw a number of rarely-viewed legal processes, such as the jury being ushered in and out of the courtroom quite frequently, and applications from the prosecution to declare their main witness a hostile witness.

Former KSHS student Kristy Bell arranged for Judge Farr, who works in the Children's Court and on other criminal trials in the Supreme Court, to talk to students about his own evaluations of Queensland’s Court system, which students found invaluable for both their own knowledge and their assignment. We also got to see Kristy in action as a Judge’s Associate while reading out the indictments in that day’s Children’s Court session, and while she was working for the judge throughout the sentencings. The Children’s Court sessions were particularly resonant for our Year 12s, as the two main cases we viewed were for lengthy criminal matters where the defendants were only 17 years of age.

Multiple camera crews at the front of the court on the Friday morning meant that we were expecting to see the accused in a high profile murder case appear, and although we went to the correct courtroom, the defence barrister was the only one to appear for a mention from that case. However, the Supreme Court Law Library ran a mock trial for our students, where an empty courtroom allowed students to put Ms Carly on trial for the murder of Mr Giant at Beanstalk Nightclub in July 2013. The accused was found guilty, and sentenced to life imprisonment by Judge Zac.

A huge thanks to Kristy Bell, and other officers of the court, for their help in allowing us to see so many useful cases, but more importantly, a huge thank-you to all 18 of our students who were impeccably groomed in formal school uniform, and who showed maturity, courtesy and respect beyond all expectations throughout the whole excursion.

Nerissa Maudsley & Megan Tucker, Legal Studies Teachers

**AUTHOR-IN-RESIDENCE PROGRAM**

**JAMES MOLONEY**

Next week Kingaroy SHS will play host to James Moloney, an Australian author of novels for youth and young adults, as an author-in-residence. James has had numerous novels published in Australia including A Bridge to Wiseman’s Cove, Dougry and The Book of Lies. He will work mainly with our Year 8 and Year 11 English classes, inspiring the students to improve their narrative and creative writing skills.

The teachers in the English Department hope the students will appreciate the opportunity to interact with and learn writing techniques from a successful published writer, and be inspired to work hard on their own future English projects.

Paul Hutton, HOD English/LOTE
10 GOLDEN RULES FOR HEALTHY EATING BY THE HEART FOUNDATION

1. Eat a variety of foods- this will make healthy eating more enjoyable.
2. Eat 5 serves of vegies and 2 serves of fruit a day.
3. Choose whole grain options (bread, rice, pasta).
4. Trim the fat off your meat. This will limit the intake of saturated fat.
5. Choose oily fish (salmon, tuna, sardines, mackerel). Contains omega-3 important for heart health.
6. Switch to healthy, unsaturated fats (margarine, olive oil, sunflower oil).
7. Choose reduced, low or no fat dairy.
8. Sling the salt. Avoid eating foods that contain more than 400mg of sodium per 100g.
9. Look for the heart foundation tick when choosing groceries.
10. Limit salty, sugary and fatty foods (pies, pastries, deep fried foods).

Annette Montebello, School Based Youth Health Nurse

KSHS FOOD STALL ON ELECTION DAY

On Saturday the 7th September 2013 the P&C Auxiliary and IMPS Committee will be holding a joint fundraiser at the Federal Election Polling Booths in the School Sports Centre from 8:00am to 2:30pm. Coffee, drinks and cakes will be sold to voters to raise money toward the Canteen and Instrumental Music Program. If you can assist with baking or supplying cakes, biscuits etc please contact the School or email PresidentIMPS@kingaroyshs.eq.edu.au or you can drop the items off at the stall when you come to vote on the day. Please wrap the items and place a price on them and to comply with legal requirements all baked items must include a list of ingredients used, this can be a sticker placed on the outside of the wrapping.

Richard Henderson, President IMPS

FROM THE CHAPLAIN

QCS Prayer Service:
There will be a brief Prayer Service for our students undertaking the QCS Tests. It will be held at 8.10am on Tuesday 3rd September in E7 at the school. Students, their families and friends are welcome to attend.

Scripture Union Camps:
There will be several Scripture Union Christian Camps during the September holidays.

Southern Splashout (Co-ed Grade 8-12) will be held at Alexandra Park Conference Centre at the Sunshine Coast from Monday 23 September to Friday 27 September. Electives include Laser Force, Go-karting, Surfing, 10 Pin Bowling, Extreme Fishing and Shopping. There will also be lots of time at the beach and a huge Carnival Night. The cost of this camp is $330.

Ubertweak – Spring (Co-ed Grade 8-12) will be held at Toogoolawah State High School from Sunday 29 September to Friday 4 October. There will be lots of games and great activities like film school, web design and programming. The cost is $225.

Western Wipeout (Co-ed Grade 8-12) is an awesome Outback camp at Beardmore Dam Youth Camp, near St George, from Monday 30 September to Friday 4 October. There will be activities such as tubing, fishing, bush walking, canoeing and laser skirmish. Cost to be advised. See me for more information.

Don’t be afraid; you are worth more than many sparrows.” Luke 12: 6-7
Ruth Wright, Chaplain 41 600 686

COMMUNITY ANNOUNCEMENTS

• FOR SALE: Four Size 12 Senior KSHS T-Shirts – hardly worn. $16ea
Call Karen 0421 312 261 / 4146 1248

Call 0439 886 963

• FOR SALE: Student Tenor Saxophone “Armstrong” brand $600.
Phone: 0402 383 039

• FOR SALE: 2 Shitzu Maltese Female Puppies tan/offwhite and caramel/white. $300 ono  Ph: 0434300025

• FOR SALE: 3 formal dresses sizes range from 14-20. 2x Purple, 1 x pink.
$80 o.n.o. Great condition only 1 year old. Pickup in Kingaroy. Phone 0432508026 – Paige for more details.

• Karate Union of Australia Annual Trivia Night Saturday 14 September, Wondai Town Hall. Doors open 6:30 am starts at 7:30pm sharp. Great night of trivia fun. Ph: 0429 834 412 or 0419 675 722

• ORANA HILLTOP MARKETS: Saturday 14 September at Orana Lutheran Complex, 24 MacDiarmid St, Kingaroy. 7am to 12pm. Giftware, Clothing, Décor Stalls, amusement and activities for the whole family.

• Mr “B’s” Professional Tennis is looking for more students. Classes are available every week day from 3.15pm till late. Based at the Kingaroy Tennis Courts. www.facebook.com/mrbsprofessionaltennis or call Brad Boynton on 0409 895 527.

• AN AUDIENCE WITH JAMES MOLONEY AWARD WINNING AUTHOR – Kingaroy Town Library Friday 6 September 9:30-10:15am.

CANTEEN ROSTER

MON 02/09/2013 Janine Hockenhull
TUES 03/09/2013 Jeanene Maher
WED 04/09/2013 Mandy Blair / Sharon Frohloff
THUR 05/09/2013 Debbie Bunker
FRI 06/09/2013 Barbara Bell
MON 09/09/2013 Lynelle Cross
TUES 10/09/2013 Dianne Leonard
WED 11/09/2013 Vicki Rossi / Jo Weldon
THUR 12/09/2013 Janet Schleger
FRI 13/09/2013 Julie Boyle / Helen Greenslade

Any mums interested in working a few hours a week and being trained to become Learn to Swim Teachers?

Austswim Course. No Experience Necessary
Must be able to work mornings, after school and Saturday mornings.
16 years and over and interested in working as a Pool Lifeguard over summer

Kingaroy Aquatic Centre Ph: 4162 1863

AT APPLIED TECHNIQUES TRAINING

1-2-3- MAGIC AND EMOTION COACHING
Effective Behaviour Modification Workshop
Offering understanding and simple to follow steps to use at home without arguing, yelling or smacking.
6 Hour Interactive Workshop – Suitable for parents/caregivers of children 2 to 12 years.
Springfield Lakes Community Centre
63 Springfield Blve, Springfield Lakes
Wed 4 September 2013 9:00am to 3:30pm
Bulimba Library – 219 Oxford St, Bulimba
Saturday 21 September 2013, 9:30am to 4:00pm
Ngutana-Lui Centre – 100 Lilac St, Inala
Tuesday 15 October 2013 9:00am to 3:30pm
Cost $120 per person

Full details, Registration and Payment www.appliedtechniques.net